Entrust Outdoor Education Centre Menu (5-day)



	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Omelette, Hash Brown and Scrambled Eggs	Bacon, Scrambled Egg and Waffles	Spaghetti Hoops, Omelette and Staffordshire Sausages	Hash Browns, Bacon and Plum Tomatoes	Scrambled Egg, Staffordshire Sausage and Baked Beans
	Also available: Cereals, Tea Cakes, Scotch Pancakes, Toast and Crumpets with Butter, Marmalade and Jam. Tea, Pure Fruit Juice, Milk, Yoghurt and Fresh Fruit.				
Lunch	Picnic Box Selection of Sandwiches or Baps, Crisps, Piece of Fruit, Biscuit or Homemade Tray Bake and a Cold Drink.				
Dinner	Pork Sausage with Gravy, Mashed Potato and a Yorkie	Pasta King With a choice of Meat and Vegetarian Toppings	Roast Turkey with Roast Potatoes and Gravy	Cheese and Tomato Pizza Fish Fingers	
	Quorn Sausage with Mash Potato and Gravy	Garlic Bread Jacket Potato with a	Quorn Fillet Roast with Roast Potatoes and Gravy	Potato Wedges	NA
	Jacket Potato with a Selection of Toppings	Selection of Toppings	Jacket Potato with a Selection of Toppings	Jacket Potato with a Selection of Toppings	
	Vegetables: Carrots, Peas and Mixed Salad	Vegetables: Peas, Sweetcorn and Mixed Salad	Vegetables: Carrots, Broccoli and Mixed Salad	Vegetables: House Slaw, Sweetcorn and Mixed Salad	
Dessert	Chocolate Crunch with Custard	Pineapple Upside Down Cake	Apple Crumble with Custard	Warm Jam Sponge	NA
Supper			Hot Chocolate and Biscuits		





